



Pain Management Comprehensive Consultations  
**RehabOne** MEDICAL GROUP INC. **Connects**  
RehabOne Programs Physiatry-based  
Rehabilitation Programs Functional Restoration  
Delivering patient-centered medical care  
Medication Optimization Electrodiagnostic Testing  
Medical Legal Evaluations

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#### Locations:

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**Gilroy**

**Salinas**

### *RehabOne Is Proud To Introduce Our New Clinicians!*



#### **Dr. James Lu, licensed Acupuncturist and Physical Therapist,**

has been in the medical profession for over 20 years. He has worked as Director of Rehabilitation and Senior Physical Therapist in a variety of settings, including hospitals, rehabilitation centers and private clinics. His primary experience has

been in the realms of orthopedics, stroke rehabilitation, balance/vestibular disorders and pain management. Dr. Lu holds a doctorate in Physical Therapy from The University of St. Augustine, and a Master's of Science from The American College of Acupuncture and Oriental Medicine.

In 2003, he completed advanced training in manual therapy and received his certification from The University of St. Augustine, and in 2004 was certified by the American Board of Physical Therapy Specialty as an Orthopedic Specialist. Dr. Lu also has extensive training in the neuro-developmental treatment (NDT) approach tailored to post-stroke and neurologically-impaired patients.

**Dr. Lu treats patients in our Los Gatos office.**



**Jo Ann Lauer**, has been in clinical practice, specializing in **Myofascial Trigger Point Therapy** for over 25 years in San Jose. She trained at the Bonnie Prudden Institute of Myotherapy and Physical Fitness, and holds a BS from San Jose State University. She is a member of the American Chronic Pain Association, and National



Fibromyalgia Association. In addition to her private practice, she is also an educator and workshop lecturer, who knows first-hand the consequences of chronic myofascial pain. Jo Ann is a speaker at medical conferences, presents in-services for Physical Therapy and Integrative Medicine Clinics, and teaches "How to Get the Gain on Pain" workshops to the community.

A dancer at heart, Jo Ann is passionate about restoring pain free movement, and teaching self-help muscle maintenance to her patients with high quality individual care.

**Jo Ann treats patients in our Salinas office.**

Visit our website to learn more!

**[www.RehabOne.com](http://www.RehabOne.com)**

For any further questions or to make a referral, please call our office.

**408-445-8400**